

2001 California Dietary Practices Survey

Table 6: Consumption of at Least One Fruit and/or Vegetable

Question: Did you have any fruit, vegetables, salad, or juice yesterday?

	Percent						
	Ate at least 1 Fruit or Juice	Ate at least 1 Vegetable or Salad	Ate at least 1 Vegetable or Fruit	Ate at least 1 Fruit (not juice)	Drank at least 1 Juice	Ate at least 1 Vegetable (not salad)	Ate at least 1 Salad
Total	72	75	90	61	35	58	35
Sex							
Males	70	71**	89	56***	35	55*	32**
Females	74	78	91	65	35	61	39
Males							
18 - 24	65*	70	90	48**	41	54	25
25 - 34	66	71	87	50	34	58	30
35 - 50	72	67	88	58	37	50	31
51 - 64	68	74	90	56	27	54	39
65+	82	77	94	71	37	60	33
Females							
18 - 24	65***	65**	82***	53***	42	56	27*
25 - 34	70	78	90	59	35	61	35
35 - 50	73	79	91	66	33	58	46
51 - 64	72	78	88	64	35	62	36
65+	89	85	99	80	36	68	42
Ethnicity							
White	72	78***	90	61*	33	60	38**
Hispanic	76	69	91	65	41	52	33
Black	66	65	85	48	33	56	23
Asian/ Pacific Islander	73	80	93	60	35	65	26
Education							
Less than high school	73**	62***	88**	63**	35	47**	26***
High school graduate	70	73	88	58	37	58	31
Some college	67	74	88	55	34	57	37
College graduate	77	82	94	67	36	63	41
Income							
Less than \$15,000	70	64***	85*	57	36	52*	30**
\$15,000 - 24,999	74	77	91	63	35	60	32
\$25,000 - 34,999	67	78	90	55	36	61	38
\$35,000 - 49,999	72	71	87	63	36	51	35
\$50,000+	73	80	92	61	36	62	42
Physical Activity							
Did not meet recommendations	68***	72*	89	57***	33*	54***	31***
Met recommendations	77	78	91	66	38	63	40
Overweight Status							
Overweight/Obese	72	73*	89	59	35	57	34
Not overweight	72	78	92	62	35	60	37

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test:

* p<.05

** p<.01

*** p<.001